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## **SGL Weekly Newsletter – 25<sup>th</sup> February 2009**

Greetings from the land of moustaches and curry!

What a great weekend in KL!!! Well done to everyone who travelled and thanks to Blá, the coaches and everyone else involved in organising the weekend.

The men's red team brought back the (slightly... eh... 'redesigned') Men's cup with the white team coming in second place.

The cubs showed off a fantastic level of skill (if only I could solo like that...) and fought until the last minute, but were unlucky in the end and lost by only a point. Close match and KL better watch out next time!

The ladies got their hands on the new ladies cup, after being run into the ground by some very fit teenagers who, judging on their speed, have not yet discovered the wonderful world of beer! Definitely a team to look out for in Bangkok this year... I, for one, am still walking like a 90 year old and am strongly considering investing in a walking frame... Possibly also a sign that four months of being a couch potato since Penang was not the best idea I have ever had. Roll on 2009 training!!

Updates on web-site coming soon and keep reading for photos...

### **Streets International**

For those of you who remember Gareth wandering around on Saturday night asking for your money – it was not his Cavan ways getting the better of him! He was collecting for Streets International ([www.streetsinternational.org](http://www.streetsinternational.org)). 'Streets' is a not-for-profit organisation which provides the initiative, experience and financial support needed to offer a future to disadvantaged youths throughout SE Asia and other developing countries.

Saturday night's collection raised ~RM2,800 which will cover about 9 months of full training and support for one child. Great cause and thanks to everyone who contributed!

### **Update from the Singapore Heart Foundation**

Last December 7<sup>th</sup>, 89 people ran, walked and soloed varying distances in the Standard Chartered marathon, in honour and memory of our great friend Alan. Together we covered over 1,600 kilometres, with 12 people doing the full marathon. The latest count showed that the club raised an impressive \$24,852 for the Singapore Heart Foundation. This money is going to CPR 3A (Anyone, Anytime, Anywhere) Programme and will be used to buy educational CPR kits. Well done to everybody and thanks again to Gareth, Kellie and Greta for organising.

### **Last call on First Aid...**

If anybody is interested in helping out in first aid roles for the 2009 season, please mail Alan Ryan ([alanryan2006@gmail.com](mailto:alanryan2006@gmail.com)). If you are not already qualified training will be provided.

**MISSING!!!**

# MISSING

## Croc 'a' Shot

Formerly known as Skull 'a' Gator & Mal 'a' Gator.



**DOB:** February 18, 2009  
**MISSING:** February 22, 2009  
**AGE NOW:** 9 days old  
**SEX:** Male  
**RACE:** Reptile  
**HAIR:** None  
**EYES:** Mean  
**HEIGHT:** 3 inches  
**WEIGHT:** 500 grams



**MISSING FROM:**  
Finnegans Irish Pub, KL  
**IDENTIFYING CHARACTERISTICS:**  
Appearance is shiny green with ridges on back. May have anywhere between 1 and 13 teeth at any given point in time.  
Has gaps between each tooth.

Croc 'a' shot was last seen at approx 1.30am on 22/02/09 on the 2nd floor of Finnegan's Irish Pub in KL. He was wearing a large red sequined condom as pictured top right. He is feared to be quite aggressive when provoked and has been known to bite various body parts such as fingers, buttocks and breasts. Warning - Croc is wanted in 2 countries on account of excessive alcohol abuse in a public place - which is precisely why we MUST find him!



ANYONE HAVING INFORMATION ON THE WHEREABOUTS OF CROC 'A' SHOT SHOULD CONTACT SINGAPORE GAELIC LIONS ATHLETIC CLUB. PHONE: 8298 0081  
Investigation Case #: 0001

**Word or Phrase of the Week**

I can't quite believe that I have not used my power as overlord and queen of this week's newsletter to edit away this section... but I have been warned and I am a little bit scared of Mel!!! I'd like to think I was just taking my football seriously by getting by beauty sleep... ☺

**Doing the Gillian** - A person or persons who engage in behaviour such as piking out, whoosing out, giving a no show, hiding, ditching, flaking, wowsing, hitting the sack, going to bed, catching some zzzzz's etc... instead of getting on the turps, booze, gas, RAZ with their friends, boyfriends/girlfriends and team mates will from this day forth, be known as - **Doing the Gillian**

### **Friday Hash -Alan Power memorial run: 20<sup>th</sup> March**

Hash is a running club here in Singapore that Alan attended regularly for almost 7 years. Because he was one of only a few Irish left in the club he was always in charge of setting the St Paddy's Run. This year it will be named the 'Fagsucker Memorial Run' (Fagsucker was his running name, think cigarettes people) It would be great to get as many people down to and to get some actual real Irish people down for the Paddy's day run! Alan tried to recruit GAA people to Hash all time so now would be the time to join for this one run. If you have any questions about what the Hash entails ask Michael S, Claire D, Tessa, Neil, Greta, and/ or Ger Brogan who were a few of the brave to have joined along.

The gist of it is you run in the jungle and on the roads looking for clues for your next direction that will inevitably take you back to where you started. It's good fun, usually about an hour and a bit to run. Then after for the mere price of \$20 for guys and \$15 for gals it's all you can drink beer, wine, 100 plus, water, etc...

**When:** Friday March 20th - run starts at 6 on the dot, if you're not there then too bad! I recommend showing up at 5.45 because the runs usually start in random car parks or side roads.

**Where:** TBA

**What to bring:** Running gear and something to change into after (unless you like standing around after stinking) Def change of shoes because trainers are not pretty after these runs.

**How Much:** \$20 for boys \$15 for girls

If you are interested can you please email me ([tessamcg00@hotmail.com](mailto:tessamcg00@hotmail.com)) so I can get an idea of numbers so we don't drink the poor Hashers dry!

Thanks,  
Tessa

### **St. Patrick's Day Parade: 15<sup>th</sup> March 2009**



This year's Paddy's day parade will take place on Sunday 15<sup>th</sup> March, leaving from the Asian Civilisation Museum at 3:30.

It would be great to get a good turnout of Lions, Lionesses and Cubs to represent the club in the parade. Adults - please wear your club polos.

I'm sure anyone who was around for it last year will agree that the parade, as well as the craic that followed in Molly's, was well worth heading down for! I even remember Guinness flavoured ice-cream!!

# THE 3rd ANNUAL BILL NIKOLOPOULOS MEMORIAL RIDE SUNDAY MARCH 8th BIKES, BURGERS & BEERS



The 11<sup>th</sup> of March marks 36 months since the tragic passing from this world of Vasilios Nikolopoulos (AKA Bill or BTG, Bill The Greek). Each year the Singapore Wombats, Gaelic Lions and ANZA Cycling organize a Memorial ride.

Bill was a fiercely competitive, courageous, and driven individual actively involved in sporting life throughout Singapore. He was a great man, loyal friend to many and general light to the world and all those around him.

Many of you may not have met Bill, so imagine a person whose infectious energy, knowledge, personality ability made him a special member our Clubs.

He had ability to burn up Mt Faber in the morning, demolish a couple of Whoppers for a snack before running around tirelessly on the football field and then joining you at the pub.

Over 50 riders of all abilities, experience and fitness on a variety of bikes took part last year...

"Giddy Up Tough Guys and see you on the 8th"

#### Ride Details

- ◆ START: Bam Long House, Upper Thompson Road [www.anzacycling.com/longhouse.htm](http://www.anzacycling.com/longhouse.htm)
  - ◆ DISTANCE: "Full Kranji" 70km but with 30Km option & Rest Stops
  - ◆ DURATAION: 2.5-3 Hours
  - ◆ POST RIDE LUNCH: Brewerkz Riverside Point, 12:30pm Following the Ride
  - ◆ RIDE COORDIATORS: Neil Steffensen, 90040671 & Ian Tan 91147554
- IT'S A MEMORIAL RIDE SO WEAR  
BLACK SOCKS



This is open to EVERYONE and there's no need to be an experienced cyclist. 30k is a very manageable distance and has been completed in the past by participants in flip flops! Please let Neil know if you are interested in attending ([neil@singaporewombats.com](mailto:neil@singaporewombats.com)) with "Bill Niko Ride" as the subject.



**Mmm... vodka!!!**



**The lovely girls...**



**Before croc-a-shot made a bid for freedom!**



**Is that incriminating enough for ya Ca???**



**That headband would be enough to scare me off!**



**Drinking? ... Us? ... Never!!**



**Glad to see the silverware is being put to good use!**



**Over the bar!!**



**Birthday boy!**



**Seriously Seán... last time you EVER get sympathy from me!**



**Don't mess with Terri!**



**PARTAAAAYYY!!**

**Gaelic FC:**

This week's match against ISA has been cancelled.

**Ladies Futsal:**

Congrats to the red and white ladies' futsal teams who both had superb victories this week! The Red Gaelic Lionesses beat Pirettes C by a whopping 17-1 and the Gaelic Lionesses had an impressive 11-5 against Pirettes B. Good work!

**YOUR NEWSLETTER WANTS YOU!!!**



Just a quick note to let you all know that EVERYONE'S contributions to the newsletter are very welcome!! Please send me ([gillian.hayes@murex.com](mailto:gillian.hayes@murex.com)) and/or Caroline ([Caroline.Bowler@ml.com](mailto:Caroline.Bowler@ml.com)) any notices that you would like included and any particularly interesting/embarrassing photos that the rest of the club might appreciate! Random bits of gossip are always welcome too... It's got to be better than listening to me and Caroline sh\*tte on, week in, week out!! ☺

**And Finally...**

Just a quick reminder that Helen and Dave will be having farewell drinks this Saturday from 8pm, at the Screening Room, before they desert us for the beautiful people in Tokyo.

Happy birthday to Seán Hearne and Mick O'Hagan!

Gillian

## **A message from one of our sponsors:**

### **A note from one of our sponsors:**

#### **CAREER OPPORTUNITIES**

Healy Consultants is a young, dynamic international consulting company needing enthusiastic, creative and committed staff to join the Firm at our Orchard Road office. The following positions are available:

- Group Accountant: managing the accounting functions of Healy Consultants Group and its clients. Monthly salary will range between S\$4,000 and S\$6,000 depending on quality of applicant;
- Marketing Manager: driving our Internet advertising campaigns, developing content for our group websites and managing marketing department staff. Monthly salary will range between S\$6,000 and S\$8,000 depending on quality of applicant;
- Client Relationship Officer: to project manage international client engagements from A to Z, including legal, accounting, banking and tax. Monthly salary will range between S\$6,000 and S\$,8000 depending on quality of applicant;
- Economic Business Researcher: adding economic content to our business websites and book. Monthly salary will range between S\$5,000 and S\$7,000 depending on quality of applicant;

To arrange an interview, contact [marklazell@healyconsultants.com](mailto:marklazell@healyconsultants.com)

Singapore Gaelic Lions are proudly sponsored by:

